

# Olweus Bullying Prevention Program (OBPP) Olweus Coach Role and Guidelines

#### **Olweus Coach Role:**

Olweus Coaches conduct Bullying Prevention Coordinating Committee (BPCC) trainings (inperson or virtually) within their own school or district and provide regular ongoing coaching to each school for a minimum of 12 months following the training. An Olweus Coach may serve as co-chair of the BPCC. In cases where an Olweus BPCC has previously been trained and is currently in place, Olweus Coaches may provide coaching to existing committees and coordinate OBPP efforts in their school or district. Olweus Coaches may provide OBPP overview presentations within their school district and assist committees with training for new staff or refresher training for existing staff.

### **Olweus Coach Training Process:**

The 2-step training process includes instruction followed by consultation with an Olweus Mentor.

- Step 1: The Olweus Coach participates in 22 hours of instruction. Training is offered in-person and virtually. Both options contain the same content provided in the same number of hours:
  - Virtual 4 hours of asynchronous learning followed by 3 consecutive days of synchronous instructor-led training. Each training day includes:
    - o 4.5 hours of interactive large and small group learning
    - o 1.5 hours of independent work
  - In-Person 1 hour of pre-training asynchronous learning followed by three consecutive days of in-person training.
    - o Days one and two: 7.5 hours
    - o Day three: 6 hours

## Step 2: Consultation with an Olweus Mentor

Once the instruction is completed, an Olweus Mentor is assigned to provide technical assistance and support to the Olweus Coach for a minimum of 4 hours and a maximum of 9 hours based on the experience and needs of the Olweus Coach and the school. This technical assistance is available for 12 months following the Olweus Coach Training.

Optional: Olweus Coaches will have the opportunity to attend an Olweus Coach virtual networking event provided by the OBPP at Clemson University.

#### **Conditions of OBPP Training and Coaching:**

- An Olweus Coach is eligible to train and coach only within their own school or district.
- Olweus Coaches will assess school readiness and support selection of the BPCC prior to conducting the training.
- BPCC Training is conducted only by trained Olweus Coaches who have participated in Olweus Coach Training through Clemson University.
- One Olweus Coach may train no more than two BPCCs (approximately 20 individuals) at a



time. If two Olweus Coaches are present, they will train no more than three BPCCs (approximately 30 individuals) at a time. In cases of training for districtwide implementation when all BPCCs are following a similar implementation timeline, two Olweus Coaches may train no more than four BPCCs (approximately 40 individuals).

- The twelve-hour BPCC training will be true to the Olweus Bullying Prevention Program as outlined in the BPCC Training Guide.
- The Olweus Coach will commit to using the required OBPP materials published by Safe & Humane Schools and Hazelden Publishing during the BPCC trainings without substitutions or additions of other bullying prevention products that are self-published or sold by other publishers.
- The Olweus Coach will not conduct a training in the model without a commitment from the school to engage in regular (may look different since they are in their own school) follow-up coaching with the school's BPCC for at least 12 months following the training.
- The Olweus Coach will review BPCC Workbooks from each school trained.
- The Olweus Coach will support the 6-hour virtual or in-person staff training.

Safe and Humane Schools, within the Institute on Family and Neighborhood Life at Clemson University is home of the Olweus Bullying Prevention Program U.S. and the sole source provider of Olweus Coach Training.